The Coastline

Mar – May 2023





"Your Financial Journey"

A special program for women

Sherifa El-Mofty

Assistant Vice President Senior Financial Advisor Merrill Lynch Wealth Management

> Sat. March 11 10am noon via Zoom

Presented by American Association of University Women

AAUW Branches Del Mar-Leucadia Carlsbad-Oceanside-Vista

Members will receive Zoom link via email. Guests must RSVP to membership@aauwdml.org

to receive Zoom link and be admitted to the Zoom room.

What You Will Learn:

- Financial strategies for all life stages, from working years to retirement
- A comprehensive overview of important considerations for women in their lifelong financial journey.







Nancy Morales-AAUW Fund Grant Recipient Presents

"WE ARE STILL HERE: NEW GENERATIONS OF INDIGENOUS LATINX WOMEN IN DAXACALIFORNIA"



AAUW Del Mar-Leucadia welcomes Nancy Morales, PhD student in Feminist Studies at UC Santa Barbara.

Her presentation will focus on the experiences of 1.5 generation (U.S.-raised) and second generation (U.S.-born) Indigenous Latinx women (Mixtex, Zapotec, and Triqui) selfdetermination practices in diaspora, known as Oaxacalifornia. She will provide a case study on Oaxaqueñx Youth Encuentro (OYE), a collective that hosts annual gatherings for Indigenous youth to explore the different forms of Indigenous governance, such as tequio (community labor) in California's Central Coast and Central Valley Regions.

SATURDAY, APRIL 8, 2023 VIA ZOOM 10:00AM SOCIAL TIME / 10:30 - NOON PROGRAM

Members: Zoom link will be sent to you before the meeting. Guests: Please RSVP to <u>membership@aauwdml.org</u> to receive Zoom link and be admitted to the Zoom room.

Annual AAUW FUND

Jane Sanders



Congratulations and Thank You to branch members and families who have helped us raise **\$23,000** during our current fiscal year which started in June 2022. These donations are used for College Scholarships and Grants, Tech Trek, Speech Trek, Greatest Needs Fund, NCCWSL (National Conference for College Women Student Leaders). Your generosity and support of AAUW principals is greatly appreciated.

May 13th Branch Meeting- DML AAUW Tech Trek

Sallie Piccorillo, Carol Waltz, Rebecca Hill, Judy Verbanets



Tech Trek Camper Selection

The Tech Trek Camper Selection team of Judy Verbanets, Carol Waltz, and Sallie Piccorillo contacted the five San Dieguito School District Middle Schools in February. The schools were quick to respond with 30 nominations. We requested to send 8 campers to the live camp at UCSD in June. However, AAUW Tech Trek allocated 7 camper spots to us. The cost this year is \$1000 per camper.

At Coastline press time, 50% of the 30 nominees had submitted applications. The next step is to review the applications, select those to be interviewed, perform the interviews, and select the 7 campers plus 3 alternates. Those selected will be announced after April 15.

May 13,2023 General Meeting TECH TREK

Rebecca Hill has kindly accepted the responsibility to put the meeting together. For those of you who have been involved in the past, look for Rebecca to contact you for information she needs. In addition, please contact Rebecca for any questions about the meeting.

All of this is a tremendous amount of work for everyone involved but we have a very efficient team this year.

Special Interest Groups

Novel Lovers Book Group

Novel Lovers will meet at 4:00pm on Zoom on the 4th Monday of each month. New people welcome. Contact: Nancy L. Kohrs, <u>nancylkohrs1@gmail.com</u>, 858-220-1951



Bridge Group

We are playing the 1st and 4th Tuesday of each month at **10:00 a.m**., at Morgan Run Club in Rancho Santa Fe. Our Bridge group is always looking for new substitute players. Interested?

Contact: Michele McNeil, michelemcneil45@gmail.com or 606-776-7757

Fun, Food & Friends

Fun Food and Friends Groups are ongoing. If there are more members who want to participate, please contact Nancy Kohrs. It's a great way to meet new people.

Contact Nancy L. Kohrs: nancylkohrs1@gmail.com, 858-220-1951

Cloak and Dagger Mystery Book Group

Meets the 1st Tuesday of the month at 1:00 p.m. Members with "mystery on the mind," select books from lists that include the New York Times, British Literature, Best Sellers, and literature prize winners. If you are intrigued by mystery and suspense and like a lively discussion, join us. New members welcome. Contact: Marlene Gerber Gale, mgerbm@aol.com 858-775-4722

March 7	The It Girl, by Ruth Ware	
April 4	The Maidens, by Alex Michaelides	
May 2	Five Decembers by James Kestral	

Special Interest Groups ...cont.

Great Decisions

2023 topics – Energy Geopolitics, War Crimes, China and the USA, Economic Warfare, Politics in Latin America, Global Famine, Iran at a Crossroads and Climate Migration.

March	War Crimes
April	China and the USA
Мау	Economic Warfare



Contact Kathy Adams, bri2kath@gmail.com, 281 704 1495

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Morning Literature

Meets the 2nd Monday of the month at 9:30 a.m. Meetings are via zoom and in person with masks and social distancing. Books discussed alternate between a selection of a Great Books series, novels and short stories. Contact Arlene Lighthall at alight23@gmail.com. Upcoming books, plays and short stories are:

March	The Big Green Tent – Ludmilla Ulitsaya
April	The Girl Who Married Snake a Tale of Blood – Isaac Singer – short story
Мау	Huckleberry Finn – Mark Twain
June	The Sailor Boy's Tale – Isaac Dinesen
July	Poetry
August	SUMMER SOCIAL

Special Interest Groups ...cont.

Out to Lunch Bunch

Meets on 3rd Tuesdays at 11:30 a.m., in outdoor settings only. All welcome.

Tues, March 21, 11:30 a.m.	Firenze Trattoria, 162 S. Rancho Santa Fe, Encinitas
Tues, April 18, 11:30 a.m.	Fresco Cocina, 2858 Carlsbad Blvd, Carlsbad
Tues, May 16, 11:30 a.m.	Pacifica Del Mar, 1555 Camino Del Mar, Del Mar

Join us for fun dining together!

Contact: Carol Waltz, cfw6124@gmail.com, 619-208-8240

Message from the Co-Presidents

Sallie Piccorillo

AAUW MISSION STATEMENT:

The purpose of AAUW is to promote equity for all women and girls through advocacy, education, philanthropy, and research.

LEADERS NEEDED: The New Board and Committee Leadership Selection committee is busily contacting members to fill the 2023-2024 board. We approach these positions with a teamwork attitude. As a leader, you will be supported by an enthusiastic committee. Additionally, AAUW-CA has established Peer Groups for each position. This has been very successful in supporting new Board and Committee Leaders. It is wonderful to have a state link and group ready to help and answer questions. AAUW Del Mar-Leucadia is a vibrant branch with highly qualified members committee to implementing the mission statement. Please get involved the value to you personally is incredible.

As I prepare to end my 2-year term as your Co-President, I have reflected on what my goal was at the beginning. My term began in the middle of COVID-19. That created many new challenges for the existing membership, including learning new technology. My goal and the biggest challenge were keeping the branch together through the controversial pandemic. Not everyone was happy, and I learned very quickly to keep focused on the goal. We did it! We stayed together and acquired new members with enthusiasm and skills that will bring us forward to meet the modern challenges of AAUW.

We have many interesting programs and events scheduled for the remainder of the fiscal year. Let us keep the energy going by supporting our mission and the teams that implement it.

Sallie Seymour Piccorillo, Co-President

Message from the Co-Presidents

We each have unique talents and perspectives. When you share your gifts, you make a difference. You can inspire and encourage others to see themselves in a new light. When you notice another person's abilities and say something to them, you can give them a fresh perspective. Your encouragement can make all the difference.

Come and be a part of our activities. Your presence matters. Your participation matters. Where do you see yourself sharing your talents? We are truly "better together".

Pat Moran, Co-President

Public Policy - Lobby Days are Here Again...

Ginny Hatfield, AAUW California Public Policy Committee Member

Save the Dates March 21st and March 22nd are the AAUW CA scheduled Lobby Days, so mark your calendars and be sure to sign up to participate when our Lobby Day registration arrives in your January mailbox.

Advocating for our top 3 priority bills is fundamental to achieving our legislative priorities by addressing economic security for all women, providing equal access to public education and insuring social and racial justice for all members of society. We need all members on board and will be counting on you to reach out to our elected officials in the CA legislature.

Our Public Policy Committee will make it easy for you to do so. This year instead of a full week, Lobby Day will consist of two days and will occur while the legislature is in session, not on break. Hopefully, this will provide more opportunity to actually speak with a member in lieu of a staffer. Our plans are to make it hybrid – virtual and in-person. Those branches in and around Sacramento would have the option of in-person meetings at the Capitol with the remaining branches meeting virtually or in-person with staffers in the district. So, a bit more flexibility this year as the committee feels it's beneficial to establish relationships with our elected leaders' local staff.

Our AAUW legislative Advocate will be scheduling meetings with the member offices willing to participate, and once you return your Lobby Day survey, the committee will begin to assemble branch participants and match them with Assembly and Senate districts in order to assign teams. We will provide you with material on the bills we are supporting and have scheduled a mandatory training webinar for March 20th, so you'll have the information at your fingertips. If you have participated in Lobby Day in the past, we would love to hear from you on what worked and what didn't, please send your comments to <u>publicpolicy@aauw-ca.org</u>.

Lobby Day is our chance to make a concerted impact on the priorities and values we, as AAUW members, hold dear. It brings out the "advocates" in all of us for improving the economic and educational lives of women and girls. And goodness knows, we need that commitment now more than ever. So, mark those calendars and join us on Lobby Day/s.

DML AAUW Branch in the News

Bobbi Karnes

'AAUW Public Policies' topic of Jan. 14 event, public invited

American Association of University Women Del Mar-Leucadia Branch invites the public to learn about AAUW public policies at its virtual meeting on Saturday, Jan. 14, 10 a.m. to noon. AAUW is a national organization with the mission to advance equity for women and girls through advocacy, education, philanthropy, and research.

Guided by the national mission, AAUW California has three public policy priorities: "Economic Security for All Women; Equal Access to Quality Public Education for All Students; and Social and Racial Justice for All Members of Society." Details about the implementation and impact of these policies will be presented at the meeting.

Guests for the Jan. 14 meeting must send their name and email address to membership@aauwdml.org to receive a Zoom link to the meeting and for their name to be recognized when they enter the Zoom Waiting Room. The Zoom room will open at 10 a.m. for a social/chat time followed by the program at 10:30 a.m. All are welcome.

The Del Mar-Leucadia Branch serves coastal San Diego communities and always welcomes new members. Membership is open to all college graduates with an associate or higher degree. AAUW values and seeks a diverse membership. The branch reflects the varied interests of its members with monthly meetings (open to the public) and special interest groups such as Great Decisions, dining, book, movie, and bridge groups. Some groups meet virtually, while others are in person.

The local AAUW branch raises money for scholarships for local college students and for local middle school girls who are chosen to attend AAUW's Tech Trek, a STEM camp for girls. The branch also supports Speech Trek for local high school students and AAUW Greatest Needs Fund. For more information, visit delmarleucadia-ca.aauw.net or contact Karen Dorney, membership@aauwdml.org Rancho Santa Fe Review 1/52023

'Rethinking Resilience' topic at AAUW event Feb. 11, public invited

American Association of University Women Del Mar-Leucadia Branch will welcome an AAUW Career Development Grant recipient to speak on "Rethinking Resilience" as she discusses electricity recovery in Puerto Rico. The public is nvited to the virtual meeting on Saturday, Feb. 11, 10 a.m. to noon.

Chelsi Sparti's research project nvestigates the climate justice implications and social benefits of electricity system esilience as a disaster recovery strategy. Prior to entering graduate school, she served is a Fulbright scholar in Sarawak, Malaysia. She worked three years in the private sector and four years at a nonprofit advancing nuclear-waste policy. Sparti is a master's itudent in the Energy and Resources Group

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For more information, visit delmarleucadia-ca.aauw.net or contact Karen Dorney, membership@aauwdml.org at the University of California Berkeley. Guests for the Feb. 11 meeting must send their name and email address to membership@auwdml.org to receive a Zoom link to the meeting and for their name to be recognized when they enter the Zoom Waiting Room. The Zoom room will

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The Del Mar-Leucadia Branch serves



OLIVIA SMARTT, OF OLIVIA SMARTT PHOTOGRAPHY Chelsi Sparti, AAUW Career Development Grant recipient

Rancho Santa Fe Review 1/26/2023

March is Women's History Month



Let's Talk DEI, AAUW's Program

Norelyn Pion-Goureau

Last year, AAUW Del Mar-Leucadia had a successful series of programs fulfilling the mission for 2021-22, which was Equity, Diversity, Inclusion. Three of our guest speakers were featured in the San Diego Union Tribune Sunday November 20 as speaker/leaders of the Stop the Hate panel of North County to address hate crimes and speech and explore solutions. AAUW allies Arcela Nunez-Alvarez of Universidad Popular, Tazheen Nizam, executive director of CAIR California, and Yusuf Miller of the Racial Justice Coalition all spoke at the panel and were part of our Zoom programs last year. We look forward to expanding our contact with them and other allies to accomplish our AAUW DEI goal of levelling the playing field, as our November 3 inaugural webinar explained.

DEI is about empathy. DEI Director participants were urged to look for commonalities with other women's groups to share, work on projects together, make AAUW more relevant to young women. Being welcoming, diverse, and relevant to their lives is the key to recruiting the AAUW members of the future. Our Del Mar-Leucadia Committee welcomes volunteers for this vital work, and we intend to have fun doing it! Contact Norelynn Pion-Goureau at <u>norelynnpg@gmail.com</u> if you are interested.

Diversity, Equity and Inclusion

Stormy Miller Sabia, Director, DEI Committee Chair, diversity@aauw-ca.org

CENTERING IN SOLIDARITY

A time of year that is often met with hope, resolution, and intentions, has been met with sorrow and grief for many, particularly among Asian, Black and African American communities. The mass killings in Monterey Park, Half Moon Bay, and the shooting in Oakland, occurred in rapid succession in our state, and our trauma was intensified by the killing of Tyre Nichols. It's hard to know what to do or how to respond to these horrific experiences impacting communities of color.

What does this mean for our work in AAUW? What does this mean for an individual committed to equity and justice? And how might we mobilize and unite when things feel heavy and hard? There's an opportunity to explore these questions within our branches and in conversations and community that center on diversity, equity, and inclusion. Most importantly, let us explore how we can stand in solidarity and support our fellow AAUW members who are members of these communities. Below are a few resources you may wish to review or share, in an effort toward lifting up communities of color and providing mental health resources and support during this difficult time.

Wishing you all comfort and peace and wishing you a warm and joyous start to the celebration of Black History Month.

"Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that." -Martin Luther King, Jr.

BEAM: https://beam.community/ Black Emotional and Mental Health Collaborative

Asian Mental Health Collective: <u>https://www.asianmhc.org/</u> aspiring to make mental health easily available, approachable, and accessible to Asian communities worldwide.

Stop AAPI Hate: <u>https://stopaapihate.org/</u>



EMPOWERING WOMEN IN CALIFORNIA

AAUW has been empowering women as individuals and as a community since 1881. For more than 130 years, we have worked together as a national grassroots organization to improve the lives of millions of women and their families.

In Memoríam

Margaret Edwards

Margaret Edwards, President of our branch in 1959-60, passed away in August 2022 at age 97. Margaret was an Honorary Life Member, having been a member of AAUW for over fifty years. Margaret was very active in St. John's Catholic Church, YMCA (where she participated in Zumba up to age 97) and theatre. She loved to travel, most recently going to Italy with her daughters in 2013, 2016 and 2019. The isolation during Covid restrictions was very difficult for her.

May we all remember Margaret for her enthusiastic love of life and friendship.



Welcome Judy Verbanets - AAUW New Member Karen Dorney



In 1972 I graduated from the University of Pittsburgh and moved to Boston where I worked as a Physical Therapist at Harvard's medical center for 2 years. I developed an interest in brain injury rehabilitation and decided to learn more by getting my master's degree and a clinical specialization in neurologic physical therapy at USC. Upon completing my degree, I moved to Chicago and worked in neurosurgical rehabilitation at Northwestern University Hospital. After a year, I joined the faculty of the Chicago Medical School where I taught courses in neurologic rehabilitation and human anatomy. After 3 years I became an assistant professor at the Northwestern University Physical Therapy school.

During that time, I met my husband, Bill Trogler, who was a professor of Chemistry at Northwestern. We married in 1980 and after surviving an extremely cold and snowy winter with a 1-year-old decided to move to San Diego where he was offered a position on the faculty at UCSD. From that point forward I have been involved in clinical practice and teaching as an adjunct assistant professor at USC and Mt. Saint Mary's University and have taught continuing education courses across the west and midwestern United States. I retired in May 2022.

My 2 daughters live in California. The oldest, Jessica, lives in San Carlos in the bay area and has 2 children, Madison 8 years and Sam 6 years. They love San Diego and are here as much as possible. Dorothy lives in Poway and has active 1- and 2-year-old boys. She followed in my footsteps as a Physical Therapist. The grandchildren keep us busy and active.

Bill and I like to travel and try to plan trips that include both cultural and out-of-door activities. We especially enjoy Alaska and have taken 2 back country adventures over the past 3 years. The hiking was amazing. We also enjoyed the South Island of New Zealand for a month just before the pandemic struck. Locally, we find a weekly hike in Torrey Pines, Elfin Forest, etc. I also keep up my swimming and Pilates.

Remember ... Daylight Saving



March 12th Move your clocks forward 1 hour at 2.00 a.m. or before you go to bed!