



2020 Vision
Action, Equity, Leadership

A Message from Your Co-Presidents

Rebecca Hill and Michele McNeil

As we perused our March-May 2020 Coastline it hit us! All programs, Convention and meetings we had planned are cancelled. We won't let this virus take over our lives. We are resilient and smart, thinking of alternatives. AAUW must go on! Zoom to the rescue!

Our Board is still active and communicating with branch members virtually or by phone. Join us June 13th for our first virtual meeting through Zoom. More information on our year-end program can be seen in this newsletter.

Still thinking ... about a new name for our AAUW branch, something that isn't too specific geographically. Do you have a suggestion? Email it to Rebecca Hill at rhrbhill@gmail.com.

The board is working on providing new tools for online meetings. Contact Michele McNeil, michelemcneil45@gmail.com for more info.

Stay safe, Stay healthy, Stay in contact with friends!

Focus on June to July AAUW Program

Questions? Contact Michele McNeil Email: michelemcneil45@gmail.com



AAUW DML is going virtual!

With COVID-19 restricting face-to-face meetings...

Join us as we find new ways of getting together and supporting our mission!

June 13th, 10 a.m.

Zoom

Branch Recognition and Installation

When: Saturday, June 13, 10 a.m.

Where: On your computer via Zoom (See our Zoom notes below)

Program: Recognition of Named Gift Honorees and College Scholarship Recipients
Installation of 2020-2021 Board of Directors

And perhaps some surprise entertainment!
All members welcome!

Zoom Link will be blasted out a few days before the event.
Questions? Contact Michele McNeil, michelemcneil45@gmail.com

Program Committee

Norelynn Pion-Goureau

Previews of Coming Attractions (God Willing and the Pandemic Don't Come Back). Tentative is a word we're learning to live with, so AAUW members will understand that although the Program Committee has been hard at work securing speakers and developing ideas for relevant and fun Saturday programs, the following list is subject to COVID-19 conditions in September and determined by our overwhelming concern for the safety of our members; what that means in clear terms is that we will not meet in person unless our local, state, and federal guidelines are met and our AAUW Board feels it is safe to do so. That said: here's what we have in planning so far, assuming our speakers are still on board.

September: Our 100 year Celebration Kick-Off will feature a suffragette theme and various members recounting interesting vignettes from the lives of powerful women in their families. Feel free to release your inner suffragette by dressing in white and purple, their colors.

Donna Lilly Wins AAUW CA Award

Donna Lilly, a past AAUW CA president, was announced as the AAUW California Named Gift Honoree at the virtual AAUW CA State Annual Meeting held in April. Each year, from submissions by members and branches, the AAUW CA Fund Committee chooses one honoree who has made a significant contribution to the AAUW mission and AAUW Fund.



Donna is a past president of both the San Diego and Del Mar-Leucadia Branches and active in many community organizations. She is a director on the San Diego Air & Space Museum Board, the YWCA, and the San Diego Chapter of the United Nations Association. Donna is the current Chair of the AAUW California College/University Relations Committee and a former California Membership Vice President. She is a promoter and facilitator for both Start Smart and Work Smart.

We are proud to have Donna as a member of our branch since 1989.

CONGRATULATIONS Donna!

News from our Special Interest Groups

These groups are now meeting virtually via Zoom! New members welcome!

Great Decisions – Great Decisions has resumed meetings on the first Thursday of most months at 6:30 pm on Zoom. We welcome new members. If you are interested in learning more about hot topics around the world, please contact Kathy Adams at bri2kath@gmail.com or 281-704-1495. Our next meeting will be June 4th and the subject is 'Human Trafficking'.

Novel Lovers Book Club – Annual book selection June 10. Regular meetings last Monday of the month, 4 pm. Next book discussion June 29. We'll be discussing *Every Last One* by Anna Quindlen in honor and memory of Fran Miller, who suggested the book.

For more information and the list of recommended books for the coming year, contact Nancy Kohrs, nancykohrs1@gmail.com, 858-623-0580.

Morning Literature – Members meet the 2nd Monday of the month at 9:30 a.m. Books discussed alternate at each meeting between a selection from a Great Books series and a Short Story. For June we are reading a short story, **The Pair** by Scholom Aleichem and if time Edgar Allan Poe's **The Masque of the Red Death**. Contact Arlene Lighthall alight23@gmail.com

What are we up to during Lockdown?

These are uncommon times for us all, and we thought it would be fun to share what some of us have been doing during this time.

Linda Quinby

I've dusted off some old recipes and tried out some new ones. A couple favorites: my custom carrot cake for Dave's birthday in March, and a Triple Berry Cobbler recipe from our Oregon days.

I'm working virtually with a newly discovered distant cousin to track down our common ancestor. We found each other through DNA, but she lives in Solana Beach! I also spend hours going down genealogical rabbit holes to trace various branches and leaves on the family tree.

I'm currently sorting and organizing my mom's family photos... as evidenced by the mess all over the dining room table! The closets await...

Kathy Anderson

What started as an activity has morphed into a lively and friendly competition - for the best baker! Four good neighbors and friends have been baking and sharing cookies to find who can bake the best cookie. Winner of the best pecan slice was our neighbor. After telling us how this reminded him of his mom's pecan pie, our neighbor just sighed and then gave us a zucchini from his garden. In case you want to try this delicious Pecan Bar ...

How to Video: <https://www.youtube.com/watch?v=mHxbcyKfgJE>

The Recipe: <https://www.americastestkitchen.com/recipes/8571-ultranutty-pecan-bars?sqn=ibQa5NIBrnS3J1n/wrfSP3nhv%2BhTe8EgkVxMGEJso2g%3D%0A>

Michele McNeil

March and April for us seemed like a whirlwind. Roger and I bought a house, sold our house and moved in the midst of the pandemic. Lucky for us we had the best realtors in town, Sharon and Bob Parry, who led us through the move. We are now happy with our new home in Oceanside and our dog, Snoopy, is ecstatic to have a fenced-in yard where he can explore and harass the lizards. He is a happy camper!

So... we got settled, more or less, but...realized our lives had changed drastically. Roger was now teaching on-line, Zoom was a daily ritual in our household, and my gym was closed. What to do? I've been playing bridge online; I have quadrupled my time on the computer and I have more time to read. I did find some YouTube exercise videos that are quite useful. But... I miss my friends! I can't complain – we are safe and healthy.

Lorraine Pfahl

I feel awed and somewhat ashamed when I read about all the things people are doing during the lockdown. Cleaning pantries, garden sheds and closets (intention doesn't count Linda), planting vegetable gardens, learning a new language and starting new exercise routines. Those who are unwell, on their own at home, working at home, home schooling, looking after children and grandchildren and elderly relatives are true heroes.

For my part I am going to sleep and sleeping in whenever I want, baking whole wheat no-knead bread and reading, reading, reading. Some book groups continue with Zoom meetings. Zoom is easy to set up and use and we have had some lively discussions and warm social times. In this Coastline issue we have a special article on Using Zoom and I've just discovered they even have a Touch up Your Appearance Option! Check it out. Outside of book groups, I've indulged in reading Sci-fi series and standalone books, catching up on Hugo, Nebula and Arthur C. Clarke winners. A wonderful escapist activity. Not to forget our Friday evening drinks with friends. Each Friday we spend 30 minutes in a zoom meeting with just two friends and catch up. With just the four of us, it is easy to have a conversation. I recommend it. I feel very lucky to have such a life in very difficult times.

Scholarship Committee

As we face these extraordinary circumstances in the world, I thought it would be appropriate to give our members an opportunity to hear from the wonderful young women they support through their contributions to our scholarship fund. The recipients were asked how the pandemic was affecting their educational goals. Enjoy!

From Rachel Dovsky, Fall 2019 AAUW scholarship recipient

Despite the tremendous changes to the education system in light of Covid-19, I will still be able to complete my undergraduate degree as planned this June. All of my coursework is now remote, with Zoom calls in place of traditional lectures.

Even with these changes, I have been learning a lot, thanks to my professors who have done a wonderful job of adapting their curriculum for this new online format. I am currently working on a collaborative project to design a new App in the hopes of helping other college students connect with one another and encourage motivation during this stressful, potentially isolating time.

Upon finishing my B.S. in Cognitive Science next month, I will be looking for work in the field of User Interface/User Experience Design. I was recently accepted to the Boston Conservatory for a Master of Music in Vocal Performance. However, for financial reasons due to lost income and funding during Covid-19, I will not be able to attend in the Fall. I have deferred my acceptance in the hopes of getting the necessary funds in time for the spring semester. In the meantime, I will continue the job search here in San Diego.



From Katherine Desbrosses, Spring 2019 scholarship recipient

The pandemic has affected my journey through nursing school in many ways. As the statewide stay at home order was put into effect, our lectures went completely online and unfortunately, we were pulled from our clinical placements in the hospital. We were luckily able to finish our didactic courses through virtual instruction but per the BRN's regulations, we must finish a certain number of the clinical hours in order to move forward in the program. Therefore, we have been officially delayed one semester. We were supposed to have a full course load this summer but we will instead be waiting to see if any hospitals will accept us to finish our hours. We will also be having online simulations to supplement our additional missed hours in the university lab with sim patients.

All cohorts were delayed one semester besides the one that was set to graduate this May. Those students were able to receive their degrees. CSUSM, especially the nursing program, has been very student-orientated through this process. They communicate with us often and I am confident they are working hard to have us finish our required hours in the hospital and move forward as soon as we can. It has been a lot of changes and overwhelming to say the least but I know that I will reach my goal of graduating with my BSN, even if it is in a different time frame.

From Sarah Mathews, Spring 2019 & Fall 2019 AAUW scholarship recipient

The coronavirus pandemic has left a huge question mark on what our future graduation will look like. We were able to continue with our didactic courses via online, but our clinical have been cancelled until further notice. There's still not a clear picture of when the hospitals will allow students to return, but we are hopeful to complete our spring clinical this summer. It's disheartening to think I was going to be a nursing graduate this coming December and now graduation is prospectively next May, but could be pushed further. We were all devastated by the news, but we are trying to find the blessings in life regardless of these circumstances which are out of our control. I have gotten to have more time with my little boy, so that is truly a gift!

The school of nursing has been fighting hard for us to be able to complete our program as soon as possible and have been in constant contact with the board of registered nursing and were able to get some flexibility with our clinical hours through our governor, so we are hoping this will be sufficient to make it through!

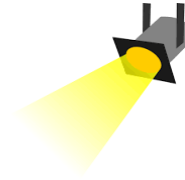
Tech Trek - Are you interested?

We had wonderful applicants for Tech Trek this year, but due to Covid19, the summer program has been cancelled. This is a great program and we sorry to not be able to offer these wonderful girls the summer program this year.

If you are interested in leading or helping with this program, please contact Rebecca Hill (rbhill@gmail.com) or Michele McNeil (Michellemcneil45@gmail.com) for more information.

Focus on Membership

Ginny Spence



Congratulations to Our Honorary Life Members

Del Mar-Leucadia branch of AAUW congratulates four of our members:

Donna Golich, joined 7/1/1970

Joan Adamo, joined 7/1/1968

Carol Smith, joined 7/1/1968

Pat Yeakley, joined 7/1/1968

who, this year, achieved Honorary Life Membership. Honorary Life Members have sustained AAUW membership for 50 years. The board and members of AAUW Del Mar-Leucadia are proud of these women and their many contributions. They now join an exclusive group of amazing women.

Congratulations and thank-you for your 50 years supporting women and girls!

It's Membership Renewal Time

Time to renew your commitment to AAUW and your support for equity and education for all women and girls! In April personal emails were sent out inviting you to renew your membership for 2020-2021. Reminders will go out about May 15.

There are two ways to renew:

1. Online by credit or debit card, using the link provided in your personal email.
2. By check, made out to AAUW Del Mar-Leucadia. Mail checks to Dues Treasurer Jess Gadsby, 1121 Santa Madera Court, Solana Beach, CA 92075.

We are counting on you to keep AAUW's mission moving forward!

Ginny Spence, Membership Director

Please address any questions to Ginny Spence at membership@aauwdml.org

AAUW Public Policy Update

Norelynn Pion-Goureau

Last week, the Department of Education issued a long-anticipated but extremely harmful rule designed to substantially weaken Title IX, rolling back important protections for student survivors of sexual harassment and assault. We have had speaker Cory Schumaker at our monthly meeting refer to this as well as reminders from our Public Policy chairperson about this risk. The U.S. Department of Education, led by education secretary Betsy DeVos, announced new Title IX federal regulations that change requirements on who must report sexual assault allegations and how institutions respond to those complaints. Set to go into effect Aug. 14, these changes no longer require coaches and other employees at colleges and universities to report allegations to the Title IX office. They also give schools a choice in what standard of proof they'd like to follow, bolster protections for the accused and require live hearings and cross examinations. Under current Title IX guidelines, coaches, athletic directors and other institutional team personnel are mandatory reporters required to report any instance of sexual misconduct or sexual discrimination to the Title IX office or appropriate school officials. There does not need to be a formal complaint to do so. The new regulations drop the mandatory reporters' guidance for coaches and athletic trainers, instead requiring reports to be made to the Title IX coordinator or an official with "authority to institute corrective measures." The government chose a time of confusion and lack of Congressional oversight during the pandemic to make this change.

Take Action: Contact Senators Feinstein and Harris and Representative Levin and urge your members of Congress to build on the legacy of Title IX by cosponsoring GEEA today!

K. Harris tel. 202 224 3553

D. Feinstein 202 224 3841

M. Levin 202 225 3906

Previews of Coming Attractions (God Willing and the Pandemic Don't Come Back)

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Zooming Safely and Successfully

By Doris Dowden (AAUW-Reno) via friend Linda Quinby

Since many of us are meeting with our friends and groups using a virtual meeting platform (lots are using Zoom, including AAUW), we thought you might appreciate some tips.

- **Using Zoom**

- It's very easy to use, even for the technologically challenged!
- You need a device equipped with a camera (computer, smart phone or tablet). This is a must to fully participate with video.
 - When you receive an invitation from a known host (AAUW, your friend or a group that you're affiliated with) just click the provided link and follow the instructions. You may be asked to test your speakers and your mic – do it.
 - Make sure you turn on your video and audio
- If you don't have a device with a camera, you should be still able to connect to the meeting with your phone (but without video) providing the host has set it up for that capability (most organization-run meetings do this).

- **Zoom Rumors**

- You may have heard that Zoom has experienced some security problems. Unfortunately, it's true, but they quickly addressed the problems and they have a team in place to anticipate and correct future problems.
- Until a few weeks ago, uninvited guests (hackers) were able to enter a private meeting (called Zoombombing).
- The correction is that all new meetings will have a meeting password imbedded in the link, so participants don't have to type it in. No one without the link will have access.
- They also strongly suggest that the host leave the "waiting room" feature enabled requiring her to admit each individual into the meeting.

Prepare for your Zoom meeting

- **Before you enter your meeting**

- a. **Turn on the beauty filter:** Zoom's "Touch Up My Appearance" smooth over your appearance, making you look dewy and well-rested.
- b. **Clothing:** Try to wear a plain, solid color, not bright white or dark black—they look like a "blob" on camera.

- **When you're on camera**

- a. Make sure the lighting is good by facing a window or light. Avoid sitting with your back to the window.
- b. Try to sit in front of a blank wall, or a wall with nothing but one piece of art.
- c. Move back from the camera, but not so far away that your microphone won't hear you. The cameras on smartphones and webcams are wide-angle, so, if you get too close to it, you will look distorted
- d. Make sure your camera is at eye level so that you're looking straight ahead (more like a personal conversation). You may need to elevate your computer by placing it on a stack of books.
- e. Mute your microphone until you need to talk. You can do this by clicking the microphone/mute image on the edge of your screen OR holding down the space bar. Otherwise, everybody gets to hear you typing away, your phone ringing and the dogs barking. Use the same process to turn the mic on.

An additional recommendation from Andrea Henne: Test your connectivity in advance at <http://zoom.us/test>.



So many of us have been shopping online.
Don't forget to support AAUW

The place to start is our website <http://delmarleucadia-ca.aauw.net>. When you click on the new SHOP AMAZON area on the top right of our home page where it says Click here to shop Amazon, the link will take you to the Amazon website where you can shop.

This money is used for our scholarship programs and branch activities.

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<https://www.facebook.com/AAUWDML>**

*Stay Safe and don't be afraid to
reach out for help if you need it!*