The Coastline

March - May 2020



2020 Vision Action, Equity, Leadership

A Message from your Co-Presidents Michele McNeil and Rebecca Hill



Our End of Year Fundraiser Appeal was a success! We surpassed our goal of \$14,000.

We can send 9 girls to Tech Trek and give out 3 college scholarships

Thanks to your generosity!

A lot is happening in our branch. All our mission-based programs, special interest groups, new members and long-time members keep our branch alive. Why? Because we all believe in the AAUW mission and we get involved.

You won't want to miss our March 14th program celebrating Women's History Month, "Telling our Stories". Our April 4th Public Policy Program will be quite exciting with a young and dynamic speaker.

One of our highlights this year was a successful February 1st Fundraiser – *Trip Around the World: A Taste of Diversity.* What a wonderful experience to see the full Banquet Hall with such colorful table decorations depicting different cultures around the world. A plethora of ethnic food, entertainment and a fabulous speaker!! A big "thank you" to Patricia Johnson-Khalifa, Karen Vanderwerken, Bobbi Karnes and all the other branch members who contributed to this fabulous event.



DML AAUW Nominating Committee: 2020 - 2021 Slate of Officers

We have an outstanding slate of officers for 2020-2021.

AAUW DML Proposed Slate of Directors for 2020-2021 Election at Annual Business Meeting April 4, 2020

In accordance with regulations for 501(c)(3) corporations and our bylaws, Directors are elected by the membership. Executive officers (President, VP, Secretary, and Treasurer) are subsequently elected by the incoming board, and additional officers are appointed by the president with the approval of the board.

Thank you to the following members who have been nominated and agreed to serve:

Board Positions:

Co-Presidents – Michele McNeil & Rebecca Hill
Recording Secretary – Andrea Henne
Treasurer – Judy Foland
Membership – Karen Dorney
AAUW Fund – Sallie Piccorillo
Programs – Norelynn Pion-Goureau
Public Policy – Norelynn Pion-Goureau
Publicity –Bobbi Karnes
Tech Trek – Barbara Newton
Parliamentarian* – Nancy Lombardi Kohrs
*an appointed, non-voting position on the Board

Non-Board Positions:

College/University Relations – Kelly Allan
College Scholarships/IBC Representative – Barbara Bladen
Communications/Marketing – Sharon Corbett-Parry
Membership Treasurer – Jess Gadsby
Program Team: Nancy Kohrs, Linda Quinby, Jean Shenkman (ECC Liaison)

A BIG thank you to our Nominating Committee – Andrea Henne (Chair), Nancy Kohrs, and Norelynn Pion-Goureau – for putting together an outstanding board for 2020-2021!

An Update on Our Proposed Name Change

Rebecca Hill and Michele McNeil

A preliminary proposal to change the name of our branch from Del Mar-Leucadia (DM-L) to North Coastal San Diego was not approved by our members at the January 11th meeting. A motion that the Board should continue to explore making a change in the name of the branch was approved. Subsequent to this meeting some board members from the Carlsbad-Oceanside-Vista (COV) met with Co-Presidents of the DM-L Branch so they could voice their concern on the name change. The reasoning was that "North Coastal" encompasses both branches and, in fact, 40% of our membership live in Carlsbad-Oceanside-Vista. No decisions have been made in our proposal to change the name of Del Mar-Leucadia Branch at this time.

Focus on DML March-May 2020 Program



Most meetings are held on the second Saturday of the Month from 10am to 12pm. In the Encinitas Community Center.

APRIL 4th, 2020 MAY 2nd, 2020

MARCH 14th, 2020 Telling Our Stories – 100 years of women's suffrage. **Public Policy - Councilwoman Corinna Contreras Tech Trek – Keynote Speaker and Tech Trek Participants**



The AAUW Del Mar-Leucadia Branch Invites you to our March 2020 Branch Meeting & Program Celebrating Women's History Month

Topic: "Telling Our Stories"

Join us for this very special event as we tell the stories of our very own foremothers, role models, and other sheroes. Share your story and hear those of others.

of

Date: Saturday, March 14, 2020

Time: 10:00 am - Noon Meeting & Program (Social/Networking first half hour)

Location: Encinitas Community Center

Address: 1140 Oakcrest Park Dr., Encinitas, CA 92024

Attire: Any attire welcome, but consider wearing... clothing, jewelry, or hats of personal or historic significance. white and a bit of purple to represent the suffragettes.

We want to hear YOUR story!

Do you have a favorite foremother or she-ro – someone who inspired and made a difference in your life? Perhaps a beloved mother, grandmother, aunt, or family friend. Maybe a suffragist, pioneer, trailblazer, homemaker, role model. She needn't have been famous... but she could have been. Share a 3- to 5-minute story about your inspiring foremother. Or bring clothing, journals, books, or artwork for display. Sign up to share your story!

Contact: Linda Quinby, quinby2@att.net, 760-931-9789



Guests are welcome, bring a friend!

April 4th 2020 Meeting – Public Policy Councilwoman Corinna Contreras of Vista City Council

Norelynn Pion-Goureau

Councilwoman Corinna Contreras, serving her first term representing District One on the Vista City Council, will present the Public Policy Address this April 4 at the Encinitas Community Center as AAUW celebrates its 100th year of serving and advocating for women.



It is fitting that a young, dynamic Latina who is passionate about her role as advocate for those who don't have a voice in her district, be the standard bearer as AAUW marches into its second century of service. A firm believer in the power of education and women to change lives and act locally to effect change and encourage personal agency in civic affairs, Councilwoman Contreras will speak of her pathway from indifference to activism in the voting process and what led her to become first a candidate and then a Councilwoman in a district that does not value diversity.

She will share her efforts to educate Vista voters to the family and youth homelessness in the city and take effective action, as well as how she works with the poor and often non-English speaking citizens in her working class district to urge them to expect action from their civic officials

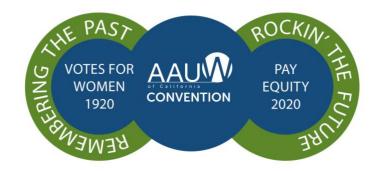
and hold them accountable, as well as how to form coalitions that work in brokering resources.

May 2020 Meeting - Tech Trek

Barbara Newton

At our May meeting at the Encinitas Community Center, we'll have the opportunity to meet and hear from our Tech Trek participants and introduce our scholarship recipients. A great opportunity to see our work in action. More details on our keynote speaker TBA.

2020 AAUW Convention - San Francisco April17-19



AAUW CONVENTION April 17 – 19, 2020 Westin San Francisco Airport

Go to https://www.aauw-ca.org/ for more information.

What can you do at the 2020 convention?

- You will be able to do a hands-on project and help the women and girls in Rwanda.
- You will be taking 1000 steps to bring equality to women and girls.
- You will CELEBRATE the 100th anniversary of women getting the right to vote!
- You will interact with inspiring, like-minded people.
- You will learn from workshops, plenaries, films, and speakers
- You will hear firsthand the thought-provoking words of AAUW President Kim Churches.



News from our Special Interest Groups

Fun, Food and Friends –We have 36 members participating in this easy, enjoyable food group. Guidelines will be sent out to new members. Singles are welcome. Chair: Nancy L. Kohrs, nancylkohrs@gmail.com or 858-623-0580

Out-to-Lunch Bunch – Open to all members and friends. Every third Tuesday at 11:30am, our Branch members and guests are invited to enjoy a casual lunch together at a variety of restaurants throughout our Branch area.

March 17 Casa de Bandini 1901 Calle Barcelona, Carlsbad 1555 Camino Del Mar, Del Mar 760.634.3443

April 21 Pacifica Del Mar 858.792.0476

May 19 Black Rail 6981 El Camino Real Carlsbad 760.931.0020

RSVP: Karen Vanderwerken karenvtx@gmail.com or 817 371 3833 Coastline, eblast & web calendar

Simply Delicious – Groups of 8 meet monthly in members' homes. Menus are chosen to enjoy 8 dining occasions (October to June).

Contact Joanna Schwend jwschwend@yahoo.com

Cloak and Dagger Mystery Literature - Members meet the 1st Tuesday of the month at 1:30 p.m. Books are selected from lists compiled by various literature groups. Contact Marie Bradley readelite@roadrunner.com

Morning Literature - Members meet the 2nd Monday of the month at 9:30 a.m. Books discussed alternate at each meeting between a selection from a Great Books series and a Short Story. Contact Arlene Lighthall alight23@gmail.com

Novel Lovers – We have read some outstanding books so far this year. We would like to extend an invitation to those who would like to join us. We meet in member's homes at 9.30 a.m. on the fourth Monday of the month. Following is our upcoming book selection.

February 24 – Educated by Tara Westover at Ann Appleton's Contact Nancy Kohrs mailto:nancylkohrs1@gmail.com

Bridge - Meets the 3rd Wednesday and the last Friday of the month from 10:00 a.m. to 1.30 p.m. in the homes of members. Substitute players are always needed. Contact Michele McNeil michelemcneil45@gmail.com

Great Decisions – Meets the 1st Thursday of the month at 6:30 p.m. at Kathy Adams' home in south Carlsbad. Global current events with workbook/DVD educational series. Contact Kathy Adams bri2kath@gmail.com

Movie Group - Movie Group Meets: 4th Tuesday of each month at 1:00 p.m. February 25th join us at Marlene Gerber Gale's at Vista - Discussion of Academy Awards Winners! RSVP Marlene mgerbm@aol.com

Occasional Groups – Open to interested members and quests. Gadabout tours & activities, theater events, and mini courses. Contact Michele McNeil michelemcneil45@gmail.com or to suggest and/or host an evening.

New Members Spotlight

Ginny Spence, Membership Director

Toni Cafaro



Her mother, Annabella, was an ice skater and a jockey in her youth. Toni obtained an Associate degree in Business, a Bachelor degree in Computer Science. She worked in Orange County's aerospace industry, programming for McDonnell Douglas Automation and Rockwell International. At McDonnell Douglas she met her husband, Kevin, a true techie and she realized she wanted a career that used her analytical skills inter-personally and creatively. She went back to school, studied acting and psychology and achieved her Doctorate in Psychology from California School of Professional Psychology. Toni worked in private practice and at California State University San Marcos from where she recently retired.

Toni's interests include politics, playing the hand pan drum, and hanging out with her Havanese dog, Abby, who is training to be a therapy dog. Toni and Kevin claim the title of the #1 "groupies" for her neighbor's band, Echophonic, frequently heard at Coyote Bar and Grill. They also love being parents to their talented photographer/cosmotologist daughter, Katy, who lives with her husband in San Antonio. Toni is an active member of the improv group, The Scene Stealers, training under Adam Rudder. Talk to Toni about performance dates!



Kathy Pfeiffer

Originally from Long Island, NY, Kathy graduated from NY State University with a Bachelor degree in Nutrition and her Masters in Clinical Nutrition. She started working in Manhattan in Pediatric Nutrition and moved on to Denver Children's Hospital where she met her husband Bill, a pediatric physician. Bill found a position in Hawaii, and they spent the next 17 years there. While in Hawaii, Kathy taught nutrition to nurses at the University of Hawaii and became mom to 3 children. Because medical results and nutrition were so interrelated, Kathy returned to school to get her Nursing degree from University of Hawaii, Mauii.

In 2009 the family moved to Carlsbad where Kathy works as a dietitian consultant to local nursing facilities. Her daily routine includes yoga, being mom to one remaining teenager at home, and consulting. She enjoys reading, travelling and outdoor activities, such as hiking. Kathy became interested in AAUW after attending our Great Expectations activity group led by her neighbor, Kathy Adams.

More Highlights from Last Quarter's Programs

AAUW Del Mar-Leucadia October Meeting – Census 2020

Norelynn Pion-Goureau

Dr. Arcela Nunez-Alvarez and Roberto Campos of Census 2020, the San Diego Coalition to promote an accurate census count, particularly of under-counted and "hidden" communities, shared the aims and strategies of the Coalition at the October AAUW meeting.

They enlisted AAUW members' help in advocating for the Census as well as participating in the count. Census representatives had a table outside to recruit workers for the Census, which will be taken in April and vitally affects California's representation in Congress, Federal funding for health and social welfare, and monies for schools and infrastructure. Interested AAUW members and their families may contact 2020census.gov/jobs to apply or for further information.

AAUW Del Mar-Leucadia is a coalition partner and our Public Policy Director attends monthly meetings at Universidad Popular in Vista.

Members are welcome to come: contact Norelynn Pion-Goureau at norelynnpg@gmail.com.

AAUW Del Mar-Leucadia November Meeting – A Legacy of Leadership

Norelynn Pion-Goureau

Our speaker for November's "A Legacy of Leadership" AAUW meeting was Chairwoman Brandie Taylor of the lipay Nation of Santa Isabel, who has a Renaissance woman's biography of accomplishments: governance (both tribal and school boards, elected official for 16 years, Warner Unified School District Board); health issues (California Tribal Advisory Committee for Indian Health, Womenheart), culture (Kumeyaay Cultural Repatriation Committee) which is being carried on by her son Hunter who is a traditional Bird Singer and Dancer; land conservancy (Kumeyaay/Digueno Land Conservancy and protesting for water rights, improving housing and roads), as well as raising awareness for higher education, Elder care, tribal youth, veterans.

A heart recipient, she brought information on heart care and programs to our meeting to raise awareness among AAUW members. Further information on Womenheart, the national coalition for women with heart disease which Chairwoman Taylor advocates for, will be distributed at our January meeting, devoted to wellness issues.

Interested AAUW members may contact www.womenheart.org for further information.

Public Policy Update

Norelynn Pion-Goureau

We're making progress! The House of Representatives held a hearing on paid family leave this month (Feb.), while the House Education and Labor Committee's Workforce Protections Subcommittee will have a hearing on "Balancing Work, Health, and Family: The Case for Expanding the Family and Medical Leave Act." We expect the discussion to include the Family and Medical Insurance Leave (FAMILY) Act (H.R. 1185/S. 463), which would create a national paid leave insurance program, providing wage replacement and protections from retaliation to workers. The FAMILY Act would provide workers with up to 12 weeks of partial income when they take time off for medical conditions or caregiving purposes and would allow workers to earn up to 66 percent of their monthly wages. While the FMLA was an important first step (and an AAUW Action Fund Lobby Corps success story!), it does not cover roughly 40 percent of workers.

The FAMILY Act would cover workers in all private sector companies no matter the size, as well as self-employed workers. Not having paid leave means women and caregivers leave the workforce, families struggle to make ends meet, businesses lose valued employees, and our economy suffers. Without access to paid leave, workers — and especially women — face the continuing economic disadvantage of lost wages and are forced to prematurely return to work. For years, state legislators have been making steady strides toward enacting equity laws. In all, 49 states, the District of Columbia and Puerto Rico now have some form of equal-pay measure in place. (Mississippi is the lone holdout.)

Your representative needs to hear that women and families can't afford to wait any longer for a comprehensive, inclusive paid family and medical leave program. Urge them to support and cosponsor the FAMILY Act (H.R. 1185/S. 463) today! Call Mike Levin 202-225-3906. Be sure to leave your full street address if you leave a voicemail to be sure your call is tallied.

Outreach to Internship Program

Norelynn Pion-Goureau

Our local branch had the pleasure of recommending four of its CSU San Marcos student leaders--

Elizabeth Rojas, Hannah Pajarillo, Monserrat Jiminez, and Jessica Chavez—for the National Latino Research Center's internship program. The mission of the National Latino Research Center (NLRC) at California State University San



Marcos is to promote scientific and applied research, training, and the exchange of information that contribute to the knowledge and understanding of rapidly growing U.S. Latino populations. The NLRC's local and national projects explore topics such as cultural competency in public agencies, migrant health, environmental justice, educational equity, civic engagement, and community development. The NLRC offers internships and volunteer opportunities for students to gain hands-on research training, work experience, exposure to community networks, and cultural/linguistic skills in areas of study including education, youth empowerment, civic engagement, leadership development, disaster/emergency preparedness, immigration, and food access. Additionally, this year NLRC has a unique once in a decade opportunity to engage students in Census 2020 outreach and education efforts. The NLRC is leading regional efforts in North County to reach, educate and motivate communities that are traditionally hard to count including immigrants, Limited English Proficient, farm workers, and individuals with limited access to technology to ensure everyone is counted Census 2020. Dr. Arcela Nunez-Alvarez, the Director of the Center, was a recent guest speaker at AAUW.



Are You an Amazon Shopper?

The place to start is our website http://delmarleucadia-ca.aauw.net. When you click on the new SHOP AMAZON area on the top right of our home page where it says Click here to shop Amazon, the link will take you to the Amazon website where you can shop.

This money is used for our scholarship programs and branch activities.

Like DML AAUW on Facebook!
Share our posts with your friends!
https://www.facebook.com/AAUWDML